

Leading Humans is Hard: 3 Essential Strategies for Public Defense Leaders

Owl

Fox

Bear

Rooster

Connector

Think of a time when you were part of a professional community where you felt connected, included, and welcomed.

Reflect and write on the following:

- What was that like for you?

- How were you affected physically, mentally, and emotionally?
- Bring to mind a leader in that community, what did they do or how were they being, that allowed you to feel connected, included, and welcomed?

**Contrast this with an experience where you felt like you didn't belong?
Reflect and write on the following?**

- How were you affected physically, mentally, and emotionally?
- Bring to mind a leader in that environment what did they do or fail to do, to create conditions of connection and belonging?

Reflection: Paradox

- How do you hold the tension between needing to be a warrior for your clients and also create the conditions for those you supervise to experience safety and connection?

Scenario Practice

- Bring to mind a difficult interpersonal situation in your Office.
- Describe the challenge.
- How would you like the situation to be different?
- Apply any of the self-awareness strategies you have learned, and explore how leading from a place of self - awareness might alter the way you approach this situation.

Intention closure

What's one thing you have learned that will change or support the way you lead?

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